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## 'Lighten Up: An Evolutionary Roadmap for Inspired Human Experience'



*Dedicated to the loving memory of sweet Caroline - a beautiful free spirit & genuine guide of care*

*Megan Gaiser*



### From Dis-ease to Ease

*(excerpt from Series 1- "The Overview")*

*"Above all, let your love for one another be earnest, for love throws a veil over countless sins"*  
Peter 4:8



The world is undergoing

An unprecedented

Shift in power

And so are we

Not the end of the world

But the end of the world

As we knew it

The transition of both

An Age (25,920 years)

And an Era (2,150 years)

"The Change of Everything"

As foretold

By Prophets, Masters  
And Ancient Elders  
Is upon us  
Known as  
"The Precession of the Equinoxes"  
December 21<sup>st</sup> 2020 Solstice

A galactic alignment and universal event

Setting in motion  
The next 26,000-year phase

Jupiter and Saturn will align  
Beaming a **radiant** point of light

To create the first  
"Christmas Star"  
In nearly 800 years  
Often referred to  
As the "Star of Bethlehem"



Celebrated  
In a blessed ceremony  
At the **holy** site  
Of Uluru, Australia  
Officiated by Earth Elders  
Leading all willing souls  
In **heartfelt** intention  
During this **sacred** passage  
**Uplifting** Mother Earth  
And its People  
A global gamechanger  
Marking the end

Of harsh energies  
In the old age of Pisces  
Signaling the beginning  
Of a fresh new cycle entirely

Aquarius  
Real-eyezed  
Dawning true  
The golden age of Peace

The return of the Sun  
Higher vibrational light  
Shining upon Earth and its People

A human reboot  
Lifting humanity  
Into a higher order



As the world literally turns  
The Earth is moving  
Under our feet  
To light the hell  
Out of All creation  
During a planetary  
Forced time-out  
  
No further progress  
Is possible on planet Earth  
Under the tired leadership  
Pushing worn out B.S (belief systems)  
Infecting conscious awareness  
To feed off  
Our precious energy

**Holding human evolution**

**Hostage**

**At long last**

**The house of cards**

**Is collapsing**

**The Biblical backdrop**

**For an off the charts**

**Vibrational shockwave**

**A Day of Reckoning**



**Facilitating conditions**

**For the storm**

**Quarantining the public**

**To bubble up**

**Before our very eyes**

**Not over race**

**Religion**

**Politics**

**Or gender**

**But a war**

**Ancient in origin**

**Of Good vs noGood spirits**

**A battle for souls**

**Through an information war**

**Sacred knowledge**

**Used against humans**

*The more than meets the eye*

Piece

We could never quite

Get a handle on

Until now

A world built for ill being

Through temporal affairs

And routine misinformation

Barring access

To innate wisdom

Dulling our senses

Unsettling human beings

Rendering us subservient

In blind obedience

Ignorance personified

An attack

Of the sacred heart

Flatlining our frequency

Causing arrested development

To accept this condition as

*“Just the way it is”*

*“Our human nature”*

A captive audience

Knocked off balance

Kicked out of our houses

We alone

Hold sovereign authority

To run

*Fear*  
**IS A**  
*virus*

Searching for saviors

Out there

Found nowhere

In sight

External personification

Of false Goods

Fancy dancers

Selling us out

Hidden in plain sight

Normalizing

The commercialization

Of human beings

To know directly

Toxic fear energies

As the real virus

Root of all evil

Co-opting the best

Of our being

The veil is finally lifting

The wool over our eyes

Threaded seamlessly

Within and around us

Dividing us

By delicate design

Diminishing human potential

Limiting authentic expression

Immaculate deception

Subverting inherent powers

Shadow forces

Draining pure life force

Out of our Right minds

A human species  
Programmed  
Against  
Our own **true** nature

Forcing humanity  
To live in reverse  
In the Light  
Of its removal  
Back to **Divine** order

As we witness  
The last stand  
Career criminals being exposed  
The hidden hand  
Under wraps for millennia



The Light  
Is coming for the dark  
In us and around us  
With much fanfare  
With a pole shift  
Upon us  
This liminal space  
We find ourselves in  
Is pregnant  
With **pure** potential  
To *lighten* up  
Beyond a norm  
That was never normal  
An intrinsic uplift

Not through outer space

But the inner space

Described

By **Mary Magdalene**

In her Gospel as

A call to

“The Inner Way”

A road less traveled

Mostly bypassed

That seers of the past

Seemed to know so much about



The space to

To overcome powers that silence

Energies '*hidden*' from us

To will those

That **empower** and **uplift**

**Illuminating** strength

By **heart** charging

**Unconditional love**

The most powerful energy

In the universe

So positively dangerous

It reigns

Supreme In intelligence

**Divine** powers

Intrinsic **Truth**

Beyond intellect

**Sacred wisdom**



Lost along the way



The frequency ensuring  
We exist no longer afraid  
Of our own shadows  
Fear no more

Evil's worst nightmare

Though generations fought  
With weapons  
True **freedom** resides  
In the **balance** of our being

This tectonic transition  
Is a clarion call  
To do things  
Entirely differently

No thinking our way  
Through this one  
It is an inside job  
A solitary refinement



A complete turnaround  
Rebooting our operating system  
Not through  
Logical thinking alone

But by busting boundaries

Quantum leaping

Viscerally

Through our senses

Compelling us

To surrender **sweetly**

To circumstances

Shifting us rapidly

Undoing

To redo

Everything

Through the eyes

Of a child

**Pure** in spirit

**Open minded**

**Curious**



Accessing powers within

Instead of power over

Powerfully present

Instead of past programming

Feeling in to qualify thoughts

Observing the programming

That co-opted our being

Learning to repossess

**Pure** essence

What was ours

To begin with

Though it feels  
We are coming apart  
At the seams  
We are

A full blown  
Heartfelt awakening  
Of our being  
On the brink  
Of sense-ational shifts

Busting loose  
At the core  
Of our consciousness  
Moving beyond physical senses



Source seeds  
Easing up  
Through Holy breath  
Suns of Good  
Embracing the unknown  
Using *all* of our senses  
Knowing better  
The Right brain  
As primary driver  
With the left brain  
Ready when needed  
Aligned in resonance  
To feel Good's intent  
To break on through  
To the other side

Courage

Is currently on the rise

Humans

Uncaging hearts

To positively blow them

Wide open

Making way for love's return

In a remarkable comeback

Rebecoming

Young at heart

Finding our way

Coming online

In living color



Our subtle, sacred senses

Are surfacing

Like city lights

Switching on at sunset

We are self-activating

Re-tuning our human instruments

From one way of knowing

To another

In-formed from within

Relaxed beyond reason

Becoming precious again

To turn each other on

A majestic unfoldment

Enlightening thoughts

In the face of fear

**Goods** creation out of chaos

Transforming hell on Earth

Into infinite life

Rewriting history

With the whole **Truth**

Retraining our minds

To never repeat it again

Making it **Right**

Forevermore

Growing 'up'

Never felt so **Good**

We are the ones

We've been waiting for

Blessed beings in **sacred** service

Positively changing

Everything

The power is within us

And it will take all of us

**Good** sparks

Fear free

**Truth** seekers

Wide awake

Dancing in the Light

Soul aware

**Sacred** rebels

**Free** spirits

Living poetry in motion



**One squad for Good**

**There's no place**

**Like home**