

January & February 2012

New Releases

brumby

books and music

~ New Reference Guide to Stones ~

Stones Alive!

Marilyn & Thomas Twintress

AhhhMuse Inc.

\$26.95

9781890808099

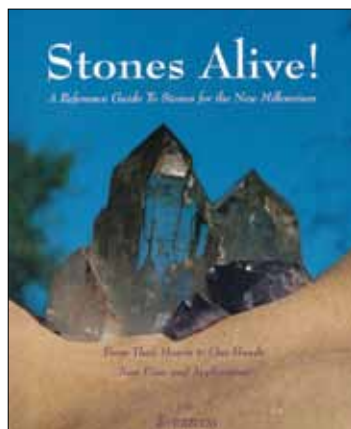
336pp

Through many ages and many traditions stones have been honoured for their capacity to store and transmit energy. Currently, they are used for various technologies, including computers. With this guide, you can explore the new applications for stones in this new millennium.

This unique reference book also joins the science with the mystery – exploring the energetic qualities and spirit of selected stones in an A-Z format. This allows us to relate to and respectfully utilize the full, conscious gifts of stones – the Earth's timeless record keepers. Their wisdom runs through the ages and creates miracles at any time. Individually and in combinations these stones connect us to the Earth and all of life, deeply and immediately. Their wondrous energetic gifts offer us exactly the qualities we most need now.

Every life form has a consciousness and a story to share that contributes to the wholeness of the planet. Within this book are the stories from the heart, form and cellular structure of the stones themselves. By reading these records, you discover your connection with the Earth, with yourself and with life.

• January Release • 9781890808099



ALSO AVAILABLE

IC: Stones Alive Manifestation Deck

Marilyn & Thomas Twintress

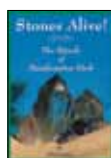
AhhhMuse Inc.

\$39.95

9780964519404

52 Cards

A full-colour card deck featuring stone totems to help you manifest the life of your dreams.



• January Release

Breaking News

Crystal Keys – Lia Scallon

Lia Scallon's latest CD release, **Crystal Keys – Songs to Awaken and Heal**, has made it into the 54th Grammy Award Ballot!

Rolling Stone Review

Working Class Mystic: A Spiritual Biography of George Harrison (9780835609005) will be reviewed in an upcoming issue of Rolling Stone magazine.

Crystal Coffee Table Cards

Co-created by bestselling author Melody, this stunning set of crystal cards has been delayed but is now finally available. Get your orders in today!

Upcoming MBS Festivals

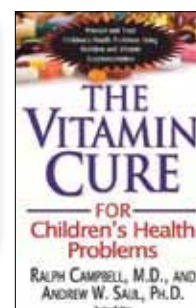
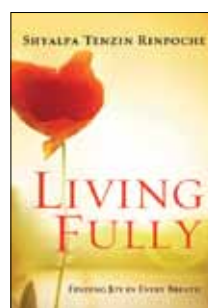
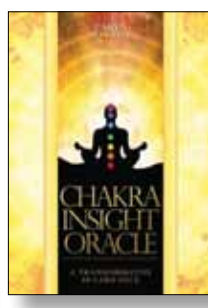
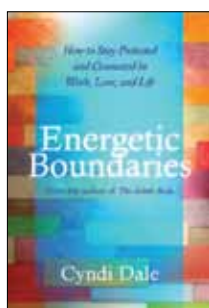
Don't forget, the Sydney and Melbourne MBS festivals are on this month. For more details, please visit: www.mbsfestival.com.au

Taschen Christmas Sale

There are still some great Taschen titles available at heavily discounted prices. Please check our website: www.brumbybooks.com.au/taschenale.html

Author News & Events

For all the latest news about authors, artists and events, please visit the Breaking News section of our website.



LEAD TITLES

2012 Moon Planting Primer

Brian Keats

Brian Keats

\$10.00

9780980517255

14pp

A simpler version of the author's more comprehensive **Antipodean Astro Calendar**, providing a wonderful introduction to lunar planting. It has been designed to have a broad appeal to gardeners and provide a place to keep gardening and nature observation records.

Australian. • November Release • 9780980517255



Energetic Boundaries

Cyndi Dale

Sounds True

\$26.95

9781604075618

310pp

Renowned intuitive and bestselling author of **The Subtle Body** and **The Complete Book of Chakra Healing** presents a definitive guide to energetic boundaries – how to create and maintain the subtle borders that keep us safe and connected in our world.

• January Release • 9781604075618



IC: Chakra Insight Oracle Cards

Caryn Sangster

Blue Angel Gallery

\$34.95

9780987165169

49 Cards

A powerful tool for connecting to and understanding the subtleties of the energetic body through the age-old system of the chakras. The deck features 49 cards in total, seven cards for each of the seven major chakras and the guidebook offers a wealth of information.

• February Release • 9780987165169



Living Fully

Shyalpa Tenzin Rinpoche

New World Library

\$29.95

9781608680757

224pp

A clear and comprehensive presentation of Tibetan Buddhist teachings – focusing on meditation practice and the breath – from a lama with a worldwide following and 20 years experience living and teaching in the US. An ideal book for those on a quest for meaning.

• February Release • 9781608680757



Teenage Depression Warning Signs

Michelle Ferry & Janette Philp

Three LLL's Success

\$19.95

9780987191205

108pp

Produced in collaboration with Youth Focus – Prevention of Youth Suicide and Depression – this user-friendly and important book will help readers detect the warning signs of teenage depression.

Australian. • November Release • 9780987191205



Vitamin Cure for Children's Health Problems

Ralph Campbell & Andrew W. Saul

Basic Health Publications

\$22.95

9781591202943

192pp

New in **The Vitamin Cure** series, this book introduces readers to orthomolecular medicine and shows how to prevent and treat children's health problems using nutrition and vitamin supplementation.

• February Release • 9781591202943



The Australian map identifies titles not readily available through overseas internet retailers. * Non-Exclusive titles available to all retailers not serviced by the publishers direct.

www.brumbybooks-music.com.au

Looking for ... ?

Category	Page No.
Bestsellers	11
Business / Career	2
Classics for Christmas	9
Cooking	2
Craft	2
Ecology / Sustainability	2
DVDs	12, 16
Gardening / Nature	2
Gift Journals	3
Guided Meditation CDs	13
Hay House	3
Health / Fitness / Wellbeing	2, 3, 4
History / Ancient Mysteries	4
Inspiration / Self-Help	4, 5
Mind / Body / Spirit	5, 6, 7, 8, 9
Music Releases	15, 16
Relaxation / New Age Music	13, 14, 16
Paranormal	9
Parenting	9
Philosophy	9
Relationships / Sex	10
Religion	10
Spoken Audio Books	6, 8
Travel	10

BUSINESS • CAREER

*Body Language at Work

Peter Clayton

Bounty Books

\$14.99

9780753721865

168pp

This practical guide reveals the secrets of using body language to deal confidently with any work situation as well as how to interpret gestures and make the most of your own body language. • January Release



COOKING

Cookbook Tour Europe - Inc. CD

Flip Grater

David Bateman

\$34.99

9781869537951

120pp

Kiwi songstress Flip Grater recounts her adventures and culinary experiences in Europe. Includes 50 recipes plus a free music CD.

• December Release



Jazzy Vegetarian

Laura Theodore

Book Publishing Co.

\$37.95 HC

9781570672613

224pp

Full-colour companion book to the author's vibrant US television show where she creates tempting meatless versions of favourite dishes and shows how to create light, wholesome, satisfying vegetarian recipes anyone can master. • January Release



Kiwi Food Culture

Adam Clancey

David Bateman

\$34.99

9781869537814

128pp

Based on a New Zealand TV series, a stunning, colour cookbook that celebrates and incorporates the many flavours and ingredients that make Kiwi cuisine unique.

• December Release



Take Control of Your Kitchen

Mary Collette Rogers

Frederick Fell Publishers

\$22.95

9780883910993

256pp

Tired of chaos in the kitchen? Tired of having the same old things night after night? This book walks the novice and expert cook through a process of making meal-planning and cooking an easier task.

• January Release



*Artisanal Gluten-Free Cupcakes

Kelli & Peter Bronski

The Experiment

\$19.99

9781615190362

192pp

Features 50 delicious gluten-free cupcake recipes with tips for adapting them to create egg-free, dairy-free and refined sugar-free versions.

• Available



*Cooking Gluten, Wheat and Dairy Free

Michelle Berriedale-Johnson

Grub Street

\$29.99

9781906502928

256pp

If you are on a dairy, gluten and wheat free diet, this book explains what your forbidden ingredients are, where they are likely to turn up and what alternatives to use. Includes 200 recipes.

• Available



*Supercharged Food

Lee Holmes

Murdoch Books

\$34.99

9781742663159

192pp

A simple and inspiring guide to eating for optimum health. It features more than 90 recipes that are gluten, wheat, dairy, yeast and sugar-free, each bursting with nutrient-rich or 'super' foods that will help nourish and heal your body.

• January Release



CRAFT

Learn to Spin

Anne Field

David Bateman

\$45.00

9781869538026

208pp

A full-colour book on spinning basics, with easy-to-follow, step-by-step directions from the author of **Collapse Weave** and **Spinning Wool**.

• December Release



Mosaics

Elizabeth Atkins-Hood & Elizabeth Joy Bell

David Bateman

\$44.99

9781869538002

144pp

Step into the imaginative and inventive world of mosaics with this inspiring full-colour book packed with creative ideas and designs using the latest techniques.

• December Release



ECOLOGY • SUSTAINABILITY

*Making Your Home Sustainable

★ Revised Edition ★

Derek F. Wrigley

Scribe Publications

\$45.00

9781921844171

144pp

An easy-to-follow guide for homeowners, builders and architects who are concerned about the effects of climate change and environmental degradation and want to do something about reversing the trend.

• January Release



GARDENING • NATURE

Organic Gardening ★ 2nd Edition ★

Charles Dowding

Green Books

\$29.95

9781900322812

272pp

The author shares his philosophy, no-dig tips and gardening techniques which have enabled him to run a successful organic garden supplying local restaurants and shops for over 25 years.

• Available January



*Flutter of Butterflies

Michael Braby & Penny Olsen

National Library of Australia

\$34.95

9780642277251

112pp

A stunning showcase of butterfly and moth illustrations held by the National Library of Australia.

• Available



*High-Impact, Low-Carbon Gardening

Alice Bowe

Timber Press

\$29.99

9780881929980

272pp

A one-stop reference for the gardener who wants to minimise damage to natural resources and do their bit to reduce their own domestic carbon output while they garden.

• Available



HEALTH • WELLBEING

Back Off! I'll Lose Weight When I'm Ready

Debi Davis

Frederick Fell Publishers

\$22.95

9780883911044

224pp

Weight loss expert Debi Davis, helps teens and their parents overcome the frustration, parent/child conflicts and low self-esteem issues that can accompany weight loss efforts.

• January Release



February Releases from Hay House



*Advanced ThetaHealing

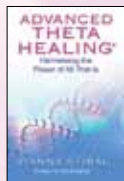
Vianna Stibal

\$19.95

9781401934965

326pp

In her first book, Vianna Stibal, the creator of ThetaHealing™, introduced this amazing technique to the world. Based on thousands of sessions with clients who have experienced remarkable healings with Vianna, this comprehensive follow-up is an in-depth exploration of the work and processes central to ThetaHealing™.



*Hidden Power of Your Past Lives – Inc. CD

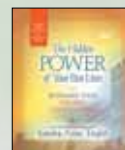
Sandra Anne Taylor

\$19.95

9781401929015

252pp

Have you ever wondered why certain life patterns are so hard to turn around? These current issues could be traced back to previous lives. This enlightening book explores the energy of karma and reincarnation and how they influence your destiny today. Includes a 60-minute CD to prompt a past life regression and two meditations designed to erase past patterns of behaviour and set the intention for the future.



*CD: 33 Spirit Journeys

Denise Linn

\$34.95

9781401937355

6-Disc Set

Featuring calming music, powerful relaxation techniques and Denise Linn's soothing voice, this CD set contains 33 meditations designed to help you expand your awareness, deepen your intuition, overcome limiting thought patterns and activate your ability to manifest your dreams.

Author recently appeared at the I Can Do It! 2011 conference.



*Stop Pain

Dr Vijay Vad

\$17.95

9781401925260

Teaches you the ins and outs of pain, bringing to light the links between inflammation and other factors that increase pain. Covering everything from stress relief techniques to an anti-inflammatory diet, Dr Vad shows you the things you can do to alleviate pain, as well as the possible risks and rewards of various treatments provided by conventional and alternative medicine.



*CD: Are You Tired and Wired?

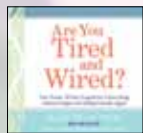
Marcelle Pick

\$34.95

9781401928216

6-Disc Set

An ideal companion to *The Core Balance Diet* (9781401922023), an abridged audio book, read by the author, that provides a proven 30-day programme for overcoming severe fatigue. Through diet and lifestyle adjustments Marcelle Pick shows readers how they can restore adrenal balance, re-gear their metabolism and regain their natural energy to live a happier and less-stressed life.



*Wishes for a Mother's Heart

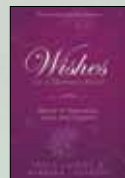
Tricia LaVoice & Barbara Lazaroff

\$14.95

9781401935344

198pp

This book began as a series of 'wishes' that two friends made to comfort each other during difficult times in both their lives. *Wishes for a Mother's Heart* is a timeless collection of original reflections and pragmatic suggestions for a more fulfilling and purposeful life. Positive affirmations from the authors, as well as other well-known contributors, are included throughout the book.



Caring Moments

Elizabeth Bezant & Pamela Eaves (Comp.)

Life's Inspirational Moments 230pp

9780975237335

\$29.99

Answers many questions about dementia and Alzheimer's and reveals how other families have adapted to the demands of these diseases. It shows how to provide good care to a suffering loved one, while also maintaining a positive, healthy attitude.



ALSO AVAILABLE

Stolen Moments

Elizabeth Bezant & Pamela Eaves (Comp.)

Life's Inspirational Moments 156pp

9780975237328

\$24.95

A collection of stories that offer support to those caring for a loved one with Alzheimer's disease. They can lift you in your darkest moment, offer answers when there seem none, make you smile and reassure you that you are not alone.



Australian. • Available November

Fighting Cancer With Vitamins & Antioxidants ★ 4th Edition ★

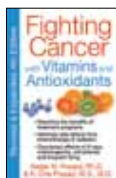
Kedar N. Prasad & K. Che Prasad
Healing Arts Press

\$24.95

9781594774232

320pp

Revised and expanded edition of the most up-to-date and complete resource on the powerful benefits of micronutrients for cancer treatment and prevention.



• January Release

Cristina Re

BOUTIQUE DESIGNER JOURNALS

Just in time for Christmas!

Update your stationery wardrobe with this fashionable collection of journals. Collect all 10 to make a statement about your personal style and coordinate the luxury designs and finishes with your outfit du jour! Available in A5 hardcover with premium lined inner pages and grosgrain ribbon bookmark; and A6 mini softcover with elastic binder and premium blank pages. 100 pages each.

• A5 Size **\$19.95** • A6 Mini Size **\$12.95**

 Peacock Blush A5 37001	 Bronze Deco A5 37002	 Majestic Midnight A5 37003	 Butterfly Garden A5 37004
 Silver Deco A5 37005	 Carnival Gold A5 37006	 Bella Donna A5 37101	 Hydrangea A5 37102
 A6 37011	 A6 37012	 A6 37007	 A6 37008
 A6 37009	 A6 37010	 A6 37111	 A6 37112
 A6 37113	 Duchess Lace A5 37103	 Chinoiserie Birds A5 37104	 A6 37114

Healing Touch

Dorothea Hover-Kramer
Sounds True

\$24.95

9781604074529

264pp

Discover the revolutionary energy medicine practice that has gained widespread acceptance in the medical community with this illustrated, beginner-friendly guidebook. Foreword by Cyndi Dale.

• January Release



Suicide By Sugar – Reissue

Nancy Appleton & G. N. Jacobs
Square One Publishers

\$24.95

9780757003066

176pp

The health dangers of sugar have been discussed widely in the media recently and this bestselling title links a range of health disorders to sugar consumption and what we can do about it. **Killer Colas** also available.

• Available



Niacin: The Real Story

Abram Hoffer et al
Basic Health

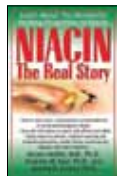
\$27.95

9781591202752

224pp

The authors are advocates of orthomolecular (nutrition-based) medicine and make the case for the widespread use of niacin for the prevention and treatment of health problems.

• February Release



Pregnant Woman's Pill Book

Theodore Peck

Frederick Fell Publishers

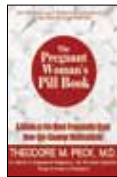
\$22.95

9780883911020

160pp

Pregnant women are appropriately concerned about the potential effect drugs may have on their developing babies. This book provides factual information about the known safety and usefulness of over-the-counter, non-prescription medications in pregnancy.

• January Release



Tell Me What to Eat If I Have Inflammatory Bowel Disease

Kimberly A. Tessmer
New Page Books

\$19.95

9781601631954

192pp

New in the *Tell Me What to Eat* series, a book that gives nutritional guidelines to those suffering from Crohn's disease and ulcerative colitis. Includes dozens of mouth-watering recipes.

• February Release



ALSO AVAILABLE

Tell Me What to Eat If I Have Irritable Bowel Syndrome

9781601630209 **Now Only \$19.95**



Tibetan Exercises for Rejuvenation

Richard Degan

Glorian Publishing

\$19.95

9781934206355

124pp

Samael Aun Weor, a reincarnated lama from the Sacred Order of Tibet, teaches a synthesized and refined sequence of Yantric Yoga exercises to promote health and the fortitude needed for self-development.

• January Release



Your Emotional Type

Michael A. Jawer & Marc S. Micozzi
Healing Arts Press

\$22.95

9781594774317

192pp

Many chronic ailments are not the result of germs or genes but are rooted in our emotional biology. This book identifies emotional types as a means to finding the right treatment for chronic illness or pain.

• January Release



*Complementary and Alternative Medicine

Ruth Barcan

Allen & Unwin

\$39.99

9781845207434

224pp

Through fascinating case studies and interviews with practitioners, this book examines the appeal of complementary and alternative medicines as well as the varied experiences of those who engage in them.

• December Release



NEW YEAR ~ NEW YOU

*4 Week Energy Diet

Julie Maree Wood

HarperCollins

\$29.99

9780733328657

272pp

Tired, listless, no enthusiasm or energy? This book shows you how to turn your life around and transform yourself into the fit, energetic and vital person you have always wanted to be in just four weeks! Author is a regular guest on Channel 7's *The Morning Show*.

• February Release



*Flat Belly Diet Pocket Guide

Liz Vaccariello

Macmillan

\$7.99

9780330544405

160pp

Lose up to 15 pounds in just 32 days with this useful pocket companion to the *Flat Belly Diet* (9781905744541 \$26.99).

• February Release



*Mums Shape Up

Lisa Westlake

Hodder

\$25.99

9780733628351

192pp

This easy-to-use and accessible book features simple instructions, beautiful images and clear explanations of safe, sensible exercise options for new mothers.

• January Release



*Pilates on the Go

Margot Campbell

Hodder

\$29.99

9781444738902

192pp

Want a body that's as fabulous as Pippa Middleton's? Find out how with the help of Pippa's personal pilates teacher, Margot Campbell.

• January Release



*Endorphin Effect

William Bloom

Piatkus

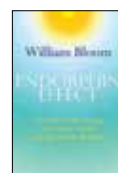
\$27.99

9780749941260

320pp

A revolutionary method that enables you to produce endorphins to build good health, vitality and a positive mood whenever you want, even when exhausted or in a crisis.

• January Release



*Good Health in the 21st Century

Carole Hungerford

Scribe Publications

\$29.95

9781921844584

544pp

An encyclopaedic guide that provides a radically different way of maintaining wellbeing. Dr Hungerford believes we need to give minerals, vitamins and essential fatty acids a chance to do their health-giving work before reaching for conventional medication.

• January Release



*Massage and Aromatherapy

Reader's Digest

Simon & Schuster

\$29.99

9781921744112

An all-Australian volume that presents everything there is to know about massage and aromatherapy for the home user. Includes an A-Z directory of 30 essential oils and an overview of different massage types and techniques.

• January Release



HISTORY • ANCIENT MYSTERIES

Exposed, Uncovered and Declassified: Lost Civilizations & Secrets of the Past

Michael Pye & Kirsten Dalley (Eds.)

New Page Books

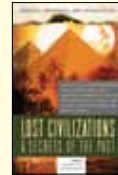
\$23.95

9781601631961

224pp

Features original essays by Erich von Daniken, Philip Coppens, Nick Redfern, Oberon Zell-Ravenheart and others who examine ancient mysteries from around the globe.

• February Release



INSPIRATION • SELF-HELP

Happiness is Free

Hale Dwoskin & Lester Levenson

Sedona Press

\$22.95

9780971933408

208pp

This book provides a seven-week course and will show you how to easily liberate the happiness, peace and joy that is waiting within you. By the author of *The Sedona Method*.

• January Release



Hypnotism: Fell's Official Know-It-All Guide

Rachel Copelan

Frederick Fell Pub.

\$24.95

9780883910153

255pp

Through hypnotism anyone can learn to control unwanted behaviour. This book shows you how to tap into the brain's resources and use its energy in the most positive, controlled manner.

• January Release



I Want to Write, But Don't Know Where to Start

Elizabeth Bezant
Writing to Inspire

\$29.99

9780975237342

188pp

For many years Elizabeth Bezant has coached and advised people across the world to bring them closer to their writing goals. Now, she has released a book that can help aspiring writers in the comfort of their own homes.

Australian. • Available November



9 780975 237342

Madly in Love With ME

Christine Arylo
New World Library

\$22.95

9781608680658

256pp

Offers fun and daring ways to discover, embrace and celebrate how truly fabulous each woman is. With 40 eye-and-heart-opening dares, Christine Arylo guides women to love and empower themselves.

• February Release



9 781608 680658

What Are You Doing With Your Life?

J. Krishnamurti
K Publications

\$22.95

9781888004243

272pp

Krishnamurti helps teens and young adults learn for themselves about their purpose in life and their relationships to themselves, each other, family, work, society and the world.

• January Release



9 781888 004243

Why Positive Thinkers Have the Power

Ken Bossone

Frederick Fell Publishers

\$22.95

9780883911686

240pp

Based on 10 years of research, this book reveals the main ingredient that all the top global leaders possess and the three-word motto that helped them achieve their success.

• January Release



9 780883 911686

*Best of Health

Various Authors

Penguin

\$19.95

9780143416418

272pp

A collection of inspiring true stories on living, healing and hope to remind us of the value of good health and motivate us to create holistic wellness of the mind, body and spirit.

• January Release



9 780143 416418

*Emotional Equations

Chip Conley
Piatkus

\$32.99

9780749956301

288pp

This book gets to the heart of making your emotions work for you, at work, at home, etc. With lots of practical tips to help you transform your life, these simple formulas offers a unique approach to tackling life's problems.

• January Release



9 780749 956301

*Essential Guide to Grief and Grieving

Debra Holland
Penguin

\$19.95

9781615641116

320pp

This psychotherapist and specialist in grief counselling shares her knowledge, tackling the difficult questions about how men and women, young and old, cope with loss.

• January Release



9 781615 641116

*Everyday Calm

Laurel Alexander
Bounty Books

\$16.99

9780753721551

384pp

This pocket book personal trainers offers 365 ways to turn your stressful world into an ocean of calm. Offers a daily exercise, activity or reflection to practice and slowly integrate into your lifestyle.

• January Release



9 780753 721551

*Everyday Happy

Jenny Hare

Bounty Books

\$16.99

9780753721568

384pp

Here are 365 ways to a happier you! Each day's new page brings a new suggestion, exercise or motivation to break bad habits and create new mind sets and positive routines.

• January Release



9 780753 721568

*Millionaire Maker: Seven Strategies for Wealth and Happiness

Jim Rohn

Brolga Publishing

\$24.99

9781921596933

160pp

You don't have to choose between wealth and happiness – both spring from the same fountain of abundance. Tim Robbins' first personal development teacher, Jim Rohn, teaches you how to unlock the riches inside yourself.

• January Release



9 781921 596933

*Simple Steps to Positive Living

Jenny Hare

Teach Yourself

\$29.99

9781444137255

256pp

Author of *Everyday Happy* (see above) shows you how to unleash positive energy and thinking to transform your physical and emotional wellbeing and help you reach your true potential.

• January Release



9 781444 137255

*Think and Grow Rich

★ Mastermind Edition ★

Napoleon Hill
Penguin

\$24.95

9781585428960

352pp

This easy-to-use, large format edition of the all-time prosperity bestseller, with additional features and powerful tools, will help readers fully understand the original text and put it into action.

• January Release



9 781585 428960

ALSO AVAILABLE

*Complete Think and Grow Rich Box Set

Napoleon Hill
Penguin

\$50.00

9781585429073

Kit

Three essential books for those seeking more success in life. Includes *Think and Grow Rich – The Mastermind Edition* (see above), plus a spiral-bound workbook and journal.

• January Release



9 781585 429073

*Wrinkles Don't Hurt: The Joy of Aging Mindfully

Ruth Fishel

HarperCollins

\$19.99

9780757315909

388pp

Helps readers let go of fears about the future. Written in a page-a-day format, the book is filled with affirmations, illustrations and suggestions to help readers stay sharp and make the most of each day.

• February Release



9 780757 315909

MIND • BODY • SPIRIT

2012 Antipodean Astro Calendar

Brian Keats

Brian Keats

\$25.00

9780980517248

30pp

The annual calendar of the stars, sun, moon and planets for the Southern Hemisphere, designed to have practical applications for farming, gardening, weather forecasting, sky watching and meditating.

• November Release



9 780980 517248

Best of White Eagle

White Eagle

White Eagle Publishing

\$15.00

9780854872190

176pp

A unique compilation of extracts from White Eagle's bestselling books, including *The Quiet Mind*, *Heal Thyself* and other gems to create a book representing the essence of White Eagle's beautiful philosophy.

• November Release



9 780854 872190

Beyond Death

Samael Aun Weor

Glorian Publishing

\$19.95

9781934206331

115pp

Leaving behind both fear and belief, Samael Aun Weor explains through vivid stories what happens when we die and how we can prepare ourselves now to take full advantage of the experience.

• January Release



9 781934 206331

Bowing

Dahn Yoga Education

Best Life Media

\$26.95 HC

9781935127444

120pp

Brings the ancient meditative practice of bowing into modern times with step-by-step instructions and friendly illustrations. Let this inspiring book show you how to build strength, cultivate humility, and embrace oneness through the simple act of bowing.

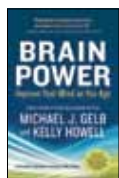
• January Release



9 781935 127444

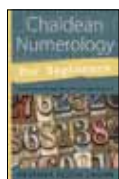
Brain Power

Michael J. Gelb & Kelly Howell
New World Library **\$22.95**
 9781608680733 256pp
 A hopeful survey of the latest brain science and lifestyle recommendations from two leading experts in helping your mind attain – and maintain – its full potential. • February Release 9 781608 680733



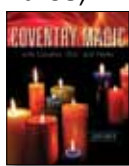
Chaldean Numerology for Beginners

Heather Alicia Lagan Llewellyn
Llewellyn **\$23.95**
 9780738726243 360pp
 A positive divinatory system that offers clarity and insight into personal strengths, Chaldean numerology points the way to more satisfying and rewarding experiences in life. • February Release 9 780738 726243



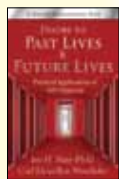
Coventry Magic With Candles, Oils and Herbs

Jacki Smith
Weiser Books **\$32.95**
 9781578635108 256pp
 Shares the history of candle magic and provides recipes, spells and divinations anyone can use to increase love, prosperity, luck and abundance in their lives. • February Release 9 781578 635108



Doors to Past Lives & Future Lives

Joe H. Slate & Carl Llewellyn Weschcke
Llewellyn **\$23.95**
 9780738727974 264pp
 Access the collective wisdom of all your past life experiences and communicate with the spirit world with these powerful self-hypnosis techniques that will allow you to take control of your soul's evolution. • February Release 9 780738 727974



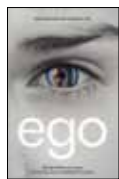
AVAILABLE NOW

Beyond Reincarnation
 9780738707143 **\$24.99**



Ego

Peter Baumann
Sounds True **\$37.95 HC**
 9781604075731 288pp
 Peter Baumann looks at the events of September 11th, 2001, and looks at the scientific and historical evidence that we are in the midst of a global evolutionary shift in human consciousness. • January Release 9 781604 075731



Family Tradition Witchcraft

Kit McGoey
Green Magic Publishing **\$27.95**
 9780956188656 186pp
 A sixth generation witch shares the accumulated wisdom and skills practiced by her family. • January Release 9 780956 188656



Flying Witches of Veracruz

James Endredy Llewellyn
Llewellyn **\$22.95**
 9780738727561 288pp
 Author of *Beyond 2012* and *Shamanism for Beginners* recounts his experiences with the witches of Veracruz, Mexico, and an utterly fascinating, nearly extinct form of Aztec witchcraft. • February Release 9 780738 727561



Forever Numerology

Lynn Buess
Light Technology Pub. **\$26.95**
 9781891824654 113pp
 In this sequel to *Numerology for the New Age* (9780929385310 \$19.99) – Lynn Buess reveals for the first time ever, information and interpretations of master numbers 11-99. A must-have for serious students of numerology! • January Release 9 781891 824654



ALSO AVAILABLE

Numerology for the New Age

Lynn Buess
 9780929385310 **\$19.99**



Gaia Speaks: Solutions for a Small Planet Vol. I

Pepper Lewis
Light Technology Pub. **\$22.95**
 9781891824838 236pp 9 781891 824838



Gaia Speaks: Solutions for a Small Planet Vol. II

Pepper Lewis
Light Technology Pub. **\$22.95**
 9781891824845 225pp 9 781891 824845
 Two new titles in the channelled *Gaia Speaks* series that address the dilemmas facing humanity and the Earth today. • January Releases



Spoken Word Audio

CD: Understanding Ayahuasca and DMT

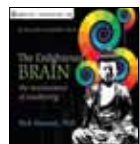
James Wild
Quiet Earth **\$19.95**
 QE088
 On this CD, James Wild explores all aspects of this ancient plant medicine, including its properties, mythology, ethnology, botany, chemistry, effects and lots more. • November Release 9 320170 001012



Spoken Word Audio from Sounds True

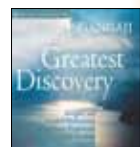
CD: The Enlightened Brain

Rick Hanson
Sounds True **\$99.95**
 9781604074536 7-Disc Set
 Meditation meets neuroscience – a practical training course in reshaping your brain for happiness, peace and awakening. *Meditations to Change Your Brain* 3CD set also available. • January Release 9 781604 074536



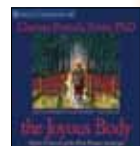
CD: The Greatest Discovery

Gangaji
Sounds True **\$99.95**
 9781604074543 6-Disc Set
 Gangaji's first full-length audio course featuring insights and guided meditations that will help listeners open up to new opportunities for freedom. • January Release 9 781604 074543



CD: The Joyous Body

Clarissa Pinkola Estés
Sounds True **\$99.95**
 9781604075724 6-Disc Set
 The third volume in *The Dangerous Old Woman* series features six inspirational sessions that celebrate and reclaim the mystery and power of the feminine form. • January Release 9 781604 075724



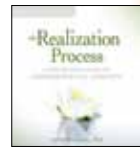
CD: Just Being Here

Coleman Barks with David Darling
Sounds True **\$37.95**
 9781604075649 3-Disc Set
 Features readings of some of Rumi's most memorable poems accompanied by the beautiful music of Grammy-winning cellist, David Darling. Listen and surrender to love in all of its changing guises. • January Release 9 781604 075649



CD: The Realization Process

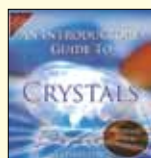
Judith Blackstone
Sounds True **\$99.95**
 9781604075717 6-Disc Set
 Judith Blackstone presents the life-changing series of exercises she has refined through 25 years of teaching, guiding listeners toward embodied spiritual awakening. • January Release 9 781604 075717



NEW GIFT BOOK FROM PARADISE MUSIC

Introductory Guide to Crystals

Llewellyn
Paradise Music **\$14.50**
 9781906738860 44pp
 This bestselling New Age recording artist draws on his many years of experience to show how easy it is to work with crystals and bring them into our everyday lives. Includes a free album download of healing music by Llewellyn. Display box of 20 books also available (PMCD0220). • December Release 9 781906 738860



Gaining Archetypal Vision

Toni Gilbert

Schiffer Books

9780764339110

\$24.95

160pp

Providing step-by-step directions, this guidebook will help you identify archetypes in everyday living for personal growth and healing. • January Release



Gifts of Mother Earth

Jaap van Etten

Light Technology Pub.

\$24.95

9781891824869

249pp

Join the author on a powerful journey of discovery, remembering and reconnecting to the different energies of the Earth. By the author of *Crystal Skulls* (ISBN: 9781891824647 \$29.95).

• January Release



Invoking the Archangels

Sunny Dawn Johnson

Hierophant Publishing

\$24.95

9780981877143

208pp

Introduces readers to the seven Archangels and how they can assist with healing on every level, from physical ailments to relationships, addiction and even financial struggles.

• January Release



Invoking the Egyptian Gods

Judith Page & Ken Biles

Llewellyn

\$29.95

9780738727301

408pp

Features powerful techniques to invoke Egyptian gods and goddesses for personal inspiration, enlightenment and spiritual growth. By the author of *Pathworking With the Egyptian Gods*.

• February Release



Oracle & Inspiration Cards

IC: Druid Animal Oracle Set

– Reissue

Philip & Stephanie Carr-Gomm

Connections

Only \$39.95

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Kit

Pack contains 33 stunning sacred animal cards, a divination spread cloth and a 176-page illustrated book. Also available *Druid Animal*

Oracle Deck (ISBN:

9781859061725 \$19.95).

• Available January



*IC: Tibetan Buddhist Meditation Cards

Gill Farrer-Hall

Watkins Publishing

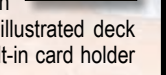
\$24.99

9781780280196

52 Cards

Practise the art of Tibetan meditation with this elegantly illustrated deck of 52 cards. Comes with a built-in card holder to facilitate reading and practising in comfort.

• January Release



Knock Knock, Who's God?

Nigel Linacre

O-Books

\$26.95

9781846948152

203pp

In the same vein as *Conversations With God*, a philosophical page-turner that grips readers with its simplicity and surprise – offering bite-sized revelations about God, the universe and everything.

• February Release



Lamp in the Darkness – Inc. CD

Jack Kornfield

Sounds True

\$29.95 HC

9781604074482

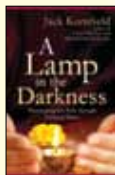
122pp

A new book-and-CD programme from Jack Kornfield filled with spiritual and psychological insights, hope-giving stories and special guided meditations to help us skillfully navigate life's inevitable storms.

Meditations for Beginners

and *Wise Heart* also

available. • January Release



Llewellyn's Complete Book of Names

K. M. Sheard

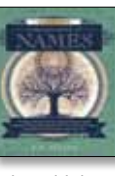
Llewellyn

\$44.95

9780738723686

720pp

A baby name book with a difference – tailored to the needs of Witches, Pagans, Druids, shamans and independent thinkers of all sorts, this guide offers information on more than 7,000 names spanning religions, cultures and centuries. • February Release



Llewellyn's Complete Formulary of Magical Oils

Celeste Rayne Heldstab

Llewellyn

\$32.95

9780738727516

408pp

A one-of-a-kind, comprehensive resource that provides information about essential oils and gives clear instructions for blending and using them for a myriad of magical, medicinal and spiritual purposes.

• February Release



Magical Tour of the Night Sky

Renna Shesso

Weiser Books

\$29.95

9781578634958

272pp

Draws on astronomy, Tarot, shamanism, astrology, Wicca, lore, legend and history to interpret the patterns and movement of the night sky and re-awaken our spirits. By the author of *Math for Mystics*.

• February Release



Pagan Metaphysics 101

Springwolf

Schiffer Books

\$22.95

9780764338977

128pp

Gain an introductory understanding of metaphysical concepts from a Pagan perspective, explaining the creation of the universe and the evolution of the human spirit.

• January Release



Path of the Yoga Sutras

Nicolai Bachman

Sounds True

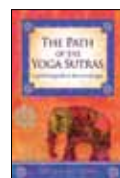
\$24.95

9781604074291

296pp

For practitioners of all levels, an indispensable guide for applying the wisdom of Patanjali's *Yoga Sutras* to our modern lives and find inner peace and fulfilment.

• January Release



Pendulum Box: Bookinabox

– Reissue

Sig Lonegren

Connections

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Now exclusively available from Brumby Books and Music, Sig Lonegren shows you how to find lost objects and dowsing for fun. Includes a brass pendulum and chain, a clip-fit dowsing board and a 224-page book of instructions. • Available January



Raising the Spiritual Light Quotient

David K. Miller

Light Technology Pub.

\$24.95

9781891824890

416pp

Much like an IQ test measures intelligence, this book introduces a concept that measures one's ability to understand spiritual ideas, to meditate and to connect with other dimensions.

• January Release



Shamanic Secrets for Spiritual Mastery

Robert Shapiro

Light Technology Pub.

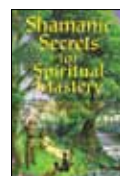
\$44.95

9781891824586

676pp

The third book in Robert Shapiro's *Shamanic Secrets* series explores the nature of spiritual mastery and how it fundamentally determines how one understands, appreciates and interacts with the world.

• January Release



Stones Alive! 2

Marilyn & Thomas Twintrees

AhhhMuse Inc.

\$29.95

9781890808174

352pp

This second volume in the *Stones Alive!* series teaches you how to listen more deeply to the gifts of the Earth. Learn how the Stones speak uniquely with you and how you can join your energies with theirs for healing and transformation.

• January Release



Stones Alive! 3

Marilyn & Thomas Twintrees

AhhhMuse Inc.

\$29.95

9781890808044

248pp

The Stones show us their exponential, planetary crystalline grid which offers us its all-encompassing consciousness to help us immediately evolve – beyond ourselves and beyond all expectations. • January Release



Synchronicity

Kirby Surprise

New Page Books

\$24.95

9781601631831

288pp

Discover the miracles of your brain's processes and how your mind creates the reality you experience. Learn to make reality dance to the rhythms of your thoughts!

• February Release



9 781601 631831

Tao Te Ching for the West

Richard Degan

Hohm Press

\$14.95

9780934252928

120pp

This rendition of the revered classic presents the ancient way of harmony and integrity in contemporary language. The elegant size and beautiful design make this a thoughtful and elegant gift.

• January Release



9 780934 252928

Teachings of the Nephalim

Theolyn Cortens

O-Books

\$27.95

9781846945137

250pp

Channelled messages from the Nephalim – disincarnate souls mentioned in biblical texts – who want to offer guidance to humanity during these times of change.

• February Release



9 781846 945137

Two Strangers – One Soul

Bob Norton

O-Books

\$19.95

9781846949920

169pp

Endorsed by Satish Kumar: "Through dialogue and dreams the author communicates simple and creative ways to free ourselves from fear and anxiety and shows us how to life a life of hope and imagination." • February Release



9 781846 949920

Untie the Strong Woman

Clarissa Pinkola Estés

Sounds True

\$39.95 HC

9781604076356

400pp

Via personal blessings and stories of visitations, miracles and common events, the bestselling author of *Women Who Run With Wolves* helps us reconnect with the fierce and loving force of the Blessed Mother. Also available in January 2012 in a 4CD audio book format (9781604070798 \$44.95).

• January Release



9 781604 076356

Visionary Shamanism

Linda Star Wolf & Anne Dillon

Bear & Company

\$23.95

9781591431312

192pp

Introduces shamanic practices to help you access the human energy field, communicate with the universal mind and transform into your highest spiritual self. Foreword by Barbara Hand Clow.

• January Release



9 781591 431312

Where Does Mind End?

Marc Seifer

Park Street Press

\$27.95

9781594774300

368pp

The culmination of 30 years of research, this book takes you on an inward journey through the psyche to explain the mystery of consciousness and constructs a comprehensive model of the mind and its nearly infinite possibilities. • February Release



9 781594 774300

Wicca: What's the Real Deal?

Dayna Winters et al

Schiffer Books

\$26.95

9780764339080

176pp

A groundbreaking and comprehensive guide that dispels the myths and popular misconceptions about Wicca and Witchcraft.

• January Release



9 780764 339080

*Advice from Angels

Chrissie Astell

Bounty Books

\$12.99 HC

9780753721490

96pp

These wise angel blessings will provide comfort and bring a smile to everyone who understands that angels are everywhere.

• January Release



9 780753 721490

*Best Spiritual Writing 2012

Philip Zeleski

Penguin

\$19.95

9780143119906

Culled from a wide range of journals and magazines, here is Penguin's yearly offering of outstanding essays and poetry on faith and spirituality.

• January Release



9 780143 119906

*Call Me When You Get to Heaven

Jacky Newcomb & Madeline

Richardson

Piatkus

\$22.99

9780749956615

256pp

Sure to resonate with readers of *Tuesdays With Morrie*, bestselling author Jacky Newcomb and her sister share the new communications they have received from their father who passed away in February 2008.

• January Release



9 780749 956615

*Direct Path ★ New Edition ★

Andrew Harvey

Watkins Publishing

\$19.99

9781907486418

This renowned spiritual scholar gives you a path to God – without dogma, priests or gurus – with guided meditations and simple spiritual practices.

• January Release



9 781907 486418

*Dream Experience – Includes CD

Brenda Mallon

Hodder

\$29.99

9781841814049

256pp

Designed as a complementary volume to *The Dream Bible*, this book-and-CD set teaches you how to interpret and work with your dreams to bring about positive life changes.

• January Release



9 781841 814049

*Eternal Moments: Inner Chapters

Chuang Tzu, translated by Solala

Towler

Watkins Publishing

\$24.99 HC

9781780280202

Written over 2,000 years ago, the *Chuang Tzu* is the most famous Taoist text after the *Tao Te Ching*. The Inner Chapters are the only sustained section of this text widely available. This luxury, illustrated edition with brilliant commentary helps readers relate its messages to modern life.

• January Release



9 781780 280202

Lifestyle Releases from Bolinda Audio

*CD: Art of Balance

Tricia Brennan

\$29.95

9781740949316

5-Disc Set

A series of meditations for transforming your mental and emotional state. By the author of *The Map of the Soul*.

• Available



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*CD: The Buddha, Geoff and Me

Edward Canfor-Dumas

\$39.95

9781742333625

7-Disc Set

A complete and unabridged 7CD set of the inspiring bestseller. Read by Nicholas Bell.

• Available



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*CD: Dukan Diet

Pierre Dukan

\$39.95

9781742678023

8-Disc Set

Easy to follow with no calorie counting, The Dukan Diet is the French medical solution for permanent weight loss.

• Available



9 781742 678023

*CD: Here on Earth

Tim Flannery

\$49.95

9781742675817

7-Disc Set

Read by the author, this unabridged audio book is an extraordinary exploration of evolution and sustainability.

• Available



9 781742 675817

*CD: Seeking the Sacred

Stephanie Dowrick

\$39.95

9781742678368

10-Disc Set

Invites us to go beyond cultural divisions and religious clichés to discover what makes our lives sacred, satisfying and meaningful. Read by the author.

• Available



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*CD: Spotless

Shannon Lush & Jennifer

Fleming

\$39.95

9781742678597

2-Disc Set

Room-by-room solutions to domestic disasters, from the popular ABC radio segment.

• Available



9 781742 678597

*Happiness and How it Happens

The Happy Buddha

Allen & Unwin

\$19.99 HC

9781742378497

144pp

Suryacitta, aka The Happy Buddha, explores what happiness actually is and how we all can achieve it through the transformational practice of mindfulness meditation.

• January Release

9 781742 378497



*Mindfulness Made Easy

Martha Langley

Teach Yourself

\$22.99

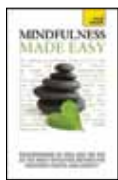
9781444139693

192pp

If you are suffering from low mood, feeling anxious, or just want to learn an amazing technique for gaining control of your mind and feelings, this book is a clear and approachable introduction to the power of mindfulness.

• January Release

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*New Materia Medica: Volume 2

Colin Griffith

Watkins Publishing

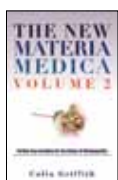
\$90.00 HC

9781780280226

A comprehensive examination of the most successful new fundamental homeopathic remedies with invaluable esoteric information on the connection between the remedies and the chakras.

• January Release

9 781780 280226



*Out of Body Experience

Anthony Peake

Watkins Publishing

\$24.99

9781780280219

The first book to attempt an explanation of the out-of-body experience using the latest findings in particle physics, neurology and cosmology.

• January Release

9 781780 280219



*Seeking Silence in a Noisy World

Adam Ford

Allen & Unwin

\$19.99 HC

9781742378503

144pp

Gift format hardcover that explores our existential search for mindful solitude, what it can mean, and how we can benefit from peaceful solace.

• January Release

9 781742 378503



*Tapping the Healer Within

Roger Callahan & Richard Trubo
Piatkus

\$27.99

9780749941154

240pp

How to use Thought Field Therapy to conquer your fears, anxieties and emotional distress.

• January Release

9 780749 941154



*Your 40 Year Horoscope

Georgia Nicols

Allen & Unwin

\$24.99

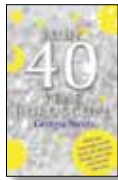
9781742379449

560pp

Discover everything you want to know about your past, your present, your future and yourself with this guide to your horoscope.

• January Release

9 781742 379449



*World of Angels

Bounty Books

Bounty Books

\$12.99 HC

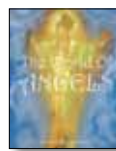
9780753718865

128pp

Provides a fascinating insight into these magical guides throughout history, literature and legend.

• January Release

9 780753 718865



THE PARANORMAL • UFOS

Keep Out!

Nick Redfern

New Page Books

\$23.95

9781601631848

288pp

Whether situated deep under the oceans, far below the ground or within the heart of remote, fortified desert locales, Nick Redfern exposes the top secret places governments don't want you to know about.

• February Release

9 781601 631848



Multidimensional Portals

Philip J. Imbrogno & Rosemary Ellen Guiley

Llewellyn

\$26.95

9780738726397

384pp

The authors have spent years investigating geographical locations that are hotbeds of paranormal phenomena. Their shocking conclusions about what they've found – portals or doorways to other realms – are presented here.

• February Release

9 780738 726397



UFO Conspiracy

Carmen McLaren

Schiffer Books

\$44.95

9780764338939

352pp

Takes an in-depth look at the US government's conspiracy to hide UFO phenomenon from the public eye since 1947. This book lists the who, what, when, where and how of sightings.

• January Release

9 780764 338939



PARENTING

*Baby Care: Nurturing Your Baby Your Way

Rhodanthe Lipsett

HarperCollins

\$34.99

9781921462306

256pp

Acclaimed advice for parents of newborns from an Australian mothercare / childcare professional awarded an Order of Australia for her services to infant health and the care of mothers and babies.

• February Release

9 781921 462306



PHILOSOPHY

Parable of His-Story

Nick Taylor

O-Books

\$27.95

9781846948251

215pp

The first mainstream work of feminism written by a man who shows that since the dawn of civilisation, men have been in charge, but we need to change that paradigm to bring ourselves, and our relations with our planet, back into balance.

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*Adventures of Robin Hood

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*Adventures of Tom Sawyer

9781402714603

*Alice's Adventures in Wonderland

9781402725029

*Anne of Avonlea

9781402754289

*Around the World in Eighty Days

9781402754272

*Black Beauty

9781402714528

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Sex Magic for Beginners

**Skye Alexander
Llewellyn**

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Magical practitioner and author of the 10-Minute series, including **10-Minute Feng Shui Room by Room**, blends sex magic and the Law of Attraction in this easy-to-use and practical book that shows how to use sexual energy to get anything you want.

• February Release



*Body Language of Love

**Allan & Barbara Pease
HarperCollins**

\$19.99

9781920816339

138pp

From the authors of **Why Men Want Sex and Women Need Love**, a guide to help you identify and correct the body language that could be letting you down in the mating game.

• February Release



*Kama Sutra Expert

**Dorling Kindersley
Dorling Kindersley**

\$24.95

9781405391825

240pp

A book that takes you on a seductive and sumptuous journey through this ancient art.

• February Release



*Sacred Sex Bible

**Cassandra Louis
Joy Street**

\$29.99

9781841814070

400pp

Explore the history, myths and rituals of sacred sex over the millennia and in the bedroom today.

• January Release



RELIGION

How to Get Your Prayers Answered

Irwin Katsof

Frederick Fell Pub.

\$22.95

9780883910412

120pp

Drawing from the Bible and the Kabbalah, as well as the personal experiences of others, Rabbi Katsof offers five easy steps to teach readers how to pray so God will listen. Endorsed by Deepak Chopra.

• January Release



Moses and Jesus: The Shamans

Jackie Jones-Hunt

O-Books

\$49.95

9781846944710

522pp

Entirely turning the tables on religious orthodoxy, this book reveals that spiritual prophets who founded and developed the world's religions had mediumistic spiritual gifts that enabled them to gain spiritual guidance from angelic beings.

• February Release



The Nearest

Tim Ross

Circle Books

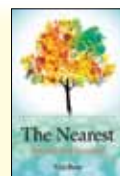
\$26.95

9781846945083

175pp

Have you ever wondered how you can have an intimate, meaningful relationship with God when the demands of modern life make it all but impossible? This book shows you how. **The Nearest** is being advertised prominently online at present.

• January Release



TRAVEL

Gods of the Stones

Peter Riordan

David Bateman

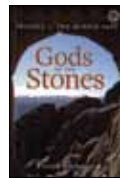
\$34.99

9781869537982

360pp

Retraces the steps of famed English travel writer H. V. Morton, providing a lively, personal perspective on a frequently tumultuous part of the world.

• December Release



* Non-Exclusive titles available to all retailers not serviced by the publishers direct

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2012 The end of the world is nigh ... or is it? 2012

These popular titles examine the ancient Mayan prophecy and what is in store for us in the year ahead and beyond.

2012 and Beyond

Diana Cooper

9781844091829 **\$21.95**



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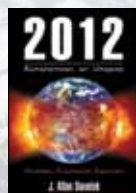
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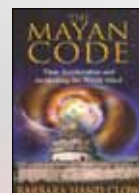


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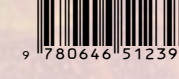


Time is at Hand - 2012 and Beyond

Claire East

9780646512396

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Mystery of 2012

Various Authors

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Beyond 2012

James Endredy

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Mayan Calendar and the Transformation of Consciousness

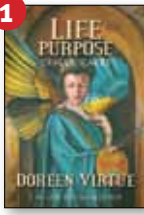
Carl Johan Calleman


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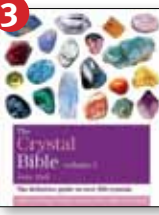
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IC: Daily Guidance From Your Angels Oracle Cards

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EXCLUSIVE


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16  **Stacey Demarco**
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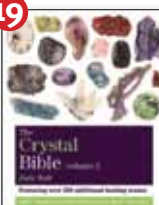
IC: Divine Guidance Oracle Cards


18  **Cheryl Lee Harnish**
Soul Vibes Metaphysical
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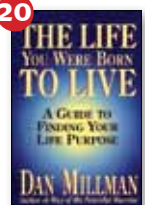
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The Life You Were Born to Live

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New World Library
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EXCLUSIVE

DVD Releases

DVD: Energy Pet Healing Step by Step

Steve Murray

Body & Mind Productions

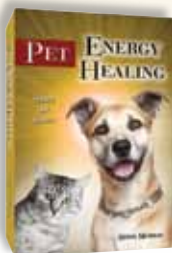
\$34.95

9780982837047

50 mins

Reiki Master Steve Murray shows you how to send extra Life Energy to any pet (dogs, cats, horses, rabbits, birds, reptiles etc.) to help heal any specific physical health issue they may have. Steve also talks about vertebrates and invertebrates, pet chakras, a chakra's area of influence and meridians.

• November Release



DVD: Psychic Communication with Pets Step By Step

Steve Murray

Body & Mind Productions

\$34.95

9780982837054

50 mins

Learn how to use your psychic skills to communicate with dogs, cats, horses – any and all pets! Increase your clairsentient and clairvoyant abilities and learn long distance pet psychic communication.

• November Release



*DVD: Daily Energy

Shiva Rea

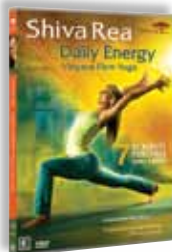
Acorn Media

\$29.95

SED180

Restore energy, strength and balance with world-renowned yoga teacher, Shiva Rea. Offering seven 20-minute practices, this programme will help you fit yoga into your busy life every day without having to repeat a workout. Includes 'Yoga Matrix', so you can create a unique practice each time.

• November Release



*DVD: Yogalosophy

Mandy Ingber

Acorn Media

\$29.95

SED179

This groundbreaking workout, from Jennifer Aniston's fitness instructor, promotes weight loss and getting into shape with an easy-to-follow but challenging routine. It pairs yoga poses with toning exercises that will get you into the best shape of your life while engaging your mind, body and emotions.

• November Release



DVD: Thoughts Become Things

Mike Dooley

Beyond Words Publishing

\$24.95

660159003026

75 mins

Mike Dooley shares personal stories, analogies and exercises that can help you harness the power of your thoughts. He shows you how to use and how not to use your words to spark life changes and how to deal with fear and negativity so you can create your own reality and the life of your dreams.

• November Release



DVD: Awaken Your Riches

Martin Dunkerton

Beyond Words Publishing

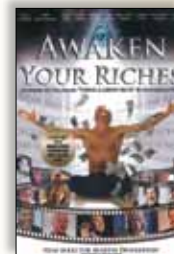
\$24.95

9781582702537

91 mins

After reading Napoleon Hill's *Think and Grow Rich*, Martin Dunkerton embarks on a quest to solve his money problems for good. He interviews multimillionaires who share their stories and secrets. This is a DVD to inspire all who are ready to take steps toward financial freedom.

• November Release



DVD: Vibration for Healing

Beyond Words Publishing

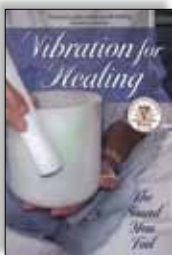
\$19.95

724868024113

Winner of the 2009 Coalition of Visionary Resources (COVR) Visionary Award for Best DVD.

Vibration for Healing consists of over 20 vignettes centering on sound healers – most of whom use the crystal singing bowls – and illustrates the many uses of sound for physical, emotional and spiritual healing.

• November Release



DVD: Spiritual Liberation

Michael Bernard Beckwith

Beyond Words Publishing

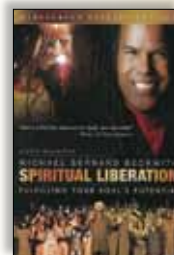
\$19.95

724868024625

60 mins

Michael Bernard Beckwith's inspiring teachings have been empowering spiritual seekers for more than two decades. Now, in this film, you can take an intimate walk with the founder and director of Agape International Spiritual Center and witness how he lives his own teachings.

• November Release



*DVD: Literary Landscapes – A Novel Approach

Time Life

Shock Entertainment

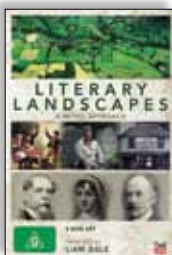
\$28.95

LAN0101

144 mins

There has always been a connection between the great writers of English literature and the countryside. Step back in time and discover the places, the events and the people who inspired Charles Dickens, Jane Austen, George Eliot and many others.

• November Release



DVD: Blessings

Narrated by Richard Gere

Beyond Words Publishing

\$24.95

724868029026

90 mins

The Tsoknyi Nangchen Nuns of Tibet practice an ancient yogic tradition of Tibetan Buddhism. In 2005, a small group of western students meet the Nangchen nuns. A unique meeting of East and West, this film is an inspiration to anyone seeking a spiritual path through the challenges of 21st century life.

• November Release



New from High Note Records

CD: Vintage Cafe

Various Artists

High Note Records

\$34.95

HN900CD

2-Disc Set

No matter how quickly time flies, classics remain classics. Pop meets Lounge on this 2CD set which includes covers of some of the greatest hits from artists such as Coldplay, The Beatles, Norah Jones, Nina Simone, Donna Summer, James Brown and Ray Charles.

• November Release



CD: Nu-Sound of Bossa Lounge

Various Artists

High Note Records

\$34.95

HN825CD

2-Disc Set

Enjoy the modern sounds of Bossa Lounge with this double disc collection. Features performances by Joyce Moreno, Isabelle Antena, Giacomo Bondi, Sabrina Malheiros and many others.

• November Release



Relaxation Music continued

CD: Walkabout

Wychazel
MG Music
MGCD191

Take a sonic journey deep into Aboriginal myth, into the Dreamtime. Features didgeridoo, Tjurunga (Bullroarer) and sampled percussion set against the evocative natural sounds of Australia.

• November Release

ALSO AVAILABLE

Shaman - The Healing Drum
Tibetan Bowls



Tribal



CD: Pendragon

Runestone
MG Music
MGCD188

Inspired by the legend of Merlin, Runestone have created an album of intrigue and magic. Features keyboards, guitars, mandolin, wooden flute and atmospheric effects.

• November Release

ALSO AVAILABLE

Eye of the Wolf MGCD01
Millennium CD466



New Age / Celtic



Guided Meditation CDs

CD: Star Meditation

Glenn Harrold & Ali Calderwood
Diviniti Publishing

9781908321022

\$24.95

60 mins

With this powerful but gentle meditation you will float safely up to your star to a place of peace and tranquility where you can view any problems or issues from a much higher perspective. By escaping from the pressures and distractions of everyday life your mind will feel clearer and peaceful and you will be empowered to find solutions.

• December Release



Guided Meditation



Guided Meditation



CD: Purify Your Soul

Glenn Harrold & Ali Calderwood
Diviniti Publishing

9781908321039

\$24.95

65 mins

This recording uses the first note of the ancient Solfeggio musical scale, which resonates to a frequency of 396hz. This particular frequency works to release deep rooted feelings of guilt and fear and will also work with other emotional states, such as shame, regret, self-doubt and low self-esteem – all of which have the same vibrational energy.

• December Release

Diviniti Publishing Guided Recordings for Young Listeners

CD: Little White Feather

Jan Yoxall

Diviniti Publishing \$24.95

9781901923858

34 mins



CD: Sweet Meadowlark

Jan Yoxall

Diviniti Publishing \$24.95

9781901923865

36 mins



Welcome to the wonderful world of these two Native American children who live in a tipi in a place called the Great Plains. These two guided CDs, suitable for children aged 4-7 years, will encourage children to relax naturally and help them develop respect for people, animals and the world around them.

• Available



CD: Children's Confidence

Glenn Harrold

Diviniti Publishing \$24.95

9781901923353

50 mins



Combining the very latest in holistic hypnotherapy techniques with state of the art digital sound, a guided CD to help kids of all ages overcome fears and build self-worth and esteem.

• Available



CD: Rays of Calm

Christiane Kerr

Diviniti Publishing \$24.95

9781901923926



Relaxation techniques and visualisations designed to promote a sense of calm and wellbeing to help teenagers deal with stress.

• Available



CD: Healing Touch Meditations

Cynthia Hutchison
Sounds True

9781604075656

\$29.95

2-Disc Set

With **Healing Touch Meditations**, Cynthia Hutchison brings you three foundational practices for using Healing Touch to cleanse, balance and energize your body's subtle energy system. Drawing from the same training material used to certify Healing Touch

practitioners worldwide, this respected teacher invites you to learn more about:

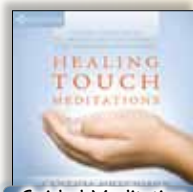
- Centering, grounding and attuning;
- Self-chakra balancing;
- The Hara Alignment Method; and
- Enhancing life through Healing Touch.

Healing Touch (paperback) also available in January 2012 (see page 4 for details).



9 781604 075656

• January Release



Guided Meditation

Sounds of Sirius – The Angelic Voice of Lia Scallon



Music is a universal language that transcends all barriers. It has the power to bring body, mind and spirit into balance and harmony. The sacred music and angelic vocal melodies of Irish born singer and sound healer, Lia Scallon, induce an immediate sense of deep calm and peacefulness. It is Lia's sincere hope that each person who hears her sacred songs & meditations, will feel nurtured and healed in a very deep and special way.

LATEST RELEASE

CD: Crystal Keys

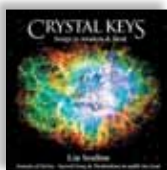
Lia Scallon

\$26.95

SOS009

Along with her beautiful voice and music to uplift the soul, Lia draws on the energies of crystals to create a CD that will help listeners heal at the deepest levels.

• Available



No.5 on the International
New Age Radio Charts



Sounds of
Sirius SOS008

Now Only

\$19.95



Diamond Light Meditation
for Women LS03



Song of the
Earth LS01



First Little Angels
on Earth LS06



Starsong
LS02



Diamond Light Meditation
for Men LS04



Song of Love for
the Animals SOS007



Relaxation Music

CD: Falling Awake

Kirtana

Wild Dove Music

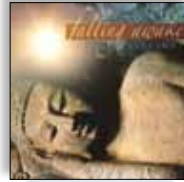
\$24.95

WDM106

Singer/songwriter, Kirtana, sings about the journey she takes. With each successive album she has invited us, song by song, footstep by footstep,

to come with her, deeper into this journey which is nothing less than the soul's journey into itself. Her latest CD, **Falling Awake**, is a shining jewel in the sequence of such invitations.

• November Release 6 66449 53912 1



Yoga / Chant

ALSO AVAILABLE

**A Deeper Surrender
This Embrace**

WDM105
WDM104

**\$24.95
\$24.95**



CD: Live from Spirit Fest

Various Artists

Spirit Voyage Records

\$24.95

CDS004311

Experience a celebration of your bliss through the rich and ancient tradition of mantra and Kirtan. Enjoy three days of chanting, singing, dancing and Kundalini Yoga. Immerse yourself in the magical experience of these live recordings from the first of Spirit Voyage's Kundalini Yoga and Music Festivals held in autumn 2010.

• November Release



Mantra / Chant



CD: Om Sweet Om

Lisbeth Scott

Hearts of Space Records

\$24.95

2HOS11424

At the centre of Lisbeth Scott's musical life is her yoga practice. Her desire to use her voice and music as instruments of healing has guided her on her creative journey. She has been a vocalist on recordings which have sold millions of copies (**Quiet Letters**) and a soloist and songwriter for some of the highest grossing films in history (**Avatar**, **Shrek**).

• November Release



Yoga / Vocal



CD: Sunday Morning Peace

Jonn Serrie

Valley Entertainment

\$34.95

2VLT15234

With the sounds of the seashore woven into the fabric of the music as a gentle foundation, these tracks create an atmosphere filled with relaxing and therapeutic values.

• November Release



Relaxation / Meditation



CD: Quiescence: A World at Peace

Amberfern

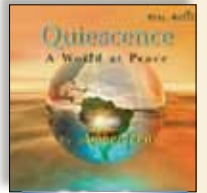
Real Music

\$26.95

RM3030

This sublime album transports the listener around a peaceful inner world. From a quaint English fishing village to the exotic Far East. From a beautiful Greek beach to a Bedouin desert sunrise. From a snowy village church to a sensational sunset on the plains of Africa, and more. It is the ultimate audio antidote to a busy day – a personal escape.

• November Release



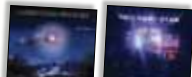
Relaxation



ALSO AVAILABLE

Christmas Prayers 2VLT15229

Thousand Star CD059



CD: Rogue

Adey

Sacred Mysteries

\$19.95

809573961790

One of the most spiritually uplifting new albums released in years! Adey's gifted song writing, stunning voice and piano mastery sends you into realms of light and darkness. **Rogue** is hopeful, desperate, exalting, numinous and much more.

• November Release

"Adey is not just a great musician; she takes your breath away!"

– Matthew Engleheart, founder of Café Gratitude.



Vocal / Piano



CD: Wind, Rock, Sea and Flame

Peter Kater

Point of Light Records

\$24.95

POLR0039

Celebrating the four elements, this new CD combines piano, cello, soprano saxophone, acoustic bass, warm synth pads and whale song to create a spacious flowing album of love.

• November Release

ALSO AVAILABLE

Elements Series: Water RM4004

Elements Series: Fire RM4003



Massage / Healing



CD: Bellydance for Fitness & Fun

Phil Thornton & Hossam Ramzy

New World Music

\$26.95

CD128

Bellydance is considered a low impact form of exercise. This album will supply the ambient music for all forms of Bellydance – even for the beginner.

• November Release



Bellydance / World



ALSO AVAILABLE

Immortal Egypt CD455

Music for Bellydancing CD797



CD: Son of Chakradancer

Brainscapes

Oreade Music

\$19.95

ORM65992

These tracks will energize your chakras and help to remove emotional blocks through movement and breathing. Perfect for trance dance, bio dance and other body work disciplines. Sounds like:

CD: Chakradance (DT001).

• November Release

"Become the dance. When your body dances, your soul will travel." – Frank Natale, former trance dance therapist.



World Grooves



Singing Stone Music Presents ... Asher Quinn

Singer/songwriter Asher Quinn's love for ballads, folk melodies and contemporary instrumentals, united with romantic and poetic lyrics, has placed him in a unique class in the field of New Age music. Asher's catalogue is now available to order from Brumby Books and Music.

CD: Falling Through Time

Asher Quinn

Singing Stone Music

NEW

\$24.95

SSM016CD

Sixteen radiant and passionate tracks, including nine new compositions, six traditional ballads and a cover version of the delicate 'This Little Bird', made

famous by Marianne Faithfull. In many ways, this album intensifies Asher's trademark style ... visionary poetic lyrics, set to almost mantra-style rhythms, with beautiful melodies that provide a radiant setting for the transparent purity of his voice.

• November Release 5 060085 151638



New Age / Vocal

ASHER QUINN'S TOP SELLERS

Concert of Angels SSM005CD

\$24.95

Forgotten Language of the Heart

SSM008CD

\$24.95



General Music Releases

CD: Electro Swing 4

Various Artists

Wagram

3250272

Electro-swing is a marriage between genres and eras, it brings the swing's joy and warmth to electronica's vitality and vibe. **Electro Swing 4** pays tribute to 1920s swing and to Jazz beginnings. • November Release

\$32.95

ALSO AVAILABLE



Nu-Jazz



CD: Reggae Anthology Box Set

Various Artists

Wagram

3247672

\$35.95

5-Disc Set

From Kingston to Paris, from Abidjan to London, from ol' school roots to 2011! This 5CD set includes Bob Marley, Groundation, Black Uhuru, Alpha Blondy, Horace Andy, Danakil, Dennis Brown, Sly & Robbie, The Gladiators and many more. • November Release

ALSO AVAILABLE

4CDs

Simply Reggae Party SIMPLYCD098 **\$29.95**



Reggae



CD: Lounge 80's

Various Artists

Wagram

3247242

\$34.95

2-Disc Set

Cool tempo versions of the greatest hits from the 1980s! • November Release

ALSO AVAILABLE



Lounge



Greatest Ever Eighties

GTSTCD036

\$24.95

WBS Eighties Anthems

WBSTCD002

\$14.95



CD: Milano Fashion Vol. 10

Various Artists

cool d:vision

CLDCD08411

\$36.95

2-Disc Set

This latest chapter in the celebrated series features smooth, elegant, musical selections that deliver the best of modern, trendy sonorities with classic artists in the international music scene. **Milano Fashion – Volume 10** is a wonderful tribute to the fascinating world of fashion, creativity and glamour. • November Release



Lounge / Electronica



CD: Sister Bossa Vol. 9

Various Artists

Irma Records

IRM646CD

\$29.95

Electronica is everything from techno to trance to jungle / drum'n'bass, while world music can be anything from Irish Celtic jigs and reels to Algerian rai to Afro-Cuban salsa bands. Thus, world / electronica fusion has numerous possibilities. **Sister Bossa Volume 9** celebrates this fusion providing cool jazzy cuts with a Brazilian flavour. • Available



Jazz / Lounge



CD: Dubai Fashion District Vol. 2

Various Artists

cool d:vision

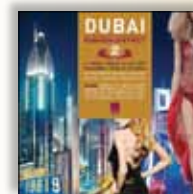
CLDCD08511

\$36.95

2-Disc Set

The city of Dubai has become more and more an iconic centre for the development of the Arabic world in fashion, trends and luxury, where the style is a mix of Western and Middle Eastern influences.

Dubai Fashion District Volume 2 is a musical reflection of this style, providing another injection of spicy sounds to delight the ears. • November Release



Lounge / Electronica



CD: Sirius

Lemongrass

Lemongrass Music

LGM0862

\$26.95

Sirius is the most luminescent star in the night sky. Light years away, it has been considered a mystical symbol by many ancient cultures and is an apt title for Lemongrass's new album. **Sirius** is a great laid-back lounge album, underlining that Lemongrass are rightly considered to be one of the most influential artists of the global chillout and ambient scene. • November Release



Lounge / Ambient



CD: After Sunset Grooves

Various Artists

MODA - Music Fashion

MDCMP034

\$19.95

Joan Ribas is the premier DJ looking after the 'soundtracks' of many prominent clubs in Ibiza. With this release he has put together the best of Nu-Jazz and jazzy vibes for this summer. It features acclaimed hits like **'Love Theme from Seductive Souls'**, plus new tracks from The Plus Men Quartet, Ganesh and Monodeluxe. • Available



Chillout



Greatest Ever Series – New Titles!

GREATEST EVER! is Union Square Music's select, bestselling label. With currently 47 titles utilising the very best repertoire from key major labels, these 3CD box sets are some of the strongest multi-artist compilations on the market, with the greatest ever songs, stunning packaging and an appealing price point.



CD: Greatest Ever Country Love

GTSTCD048

\$24.95 3CDs



CD: Greatest Ever Film Themes

GTSTCD049

\$24.95 3CDs



CD: Greatest Ever Ireland

GTSTCD050

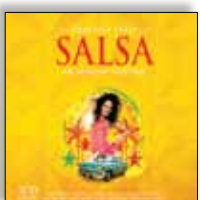
\$24.95 3CDs



CD: Greatest Ever Rockabilly

GTSTCD051

\$24.95 3CDs



CD: Greatest Ever Salsa

GTSTCD052

\$24.95 3CDs



CD: Greatest Ever Ska

GTSTCD053

\$24.95 3CDs



November 2011 New Releases

Music & DVDs

brumby

books and music

CD: Yoga Grooves

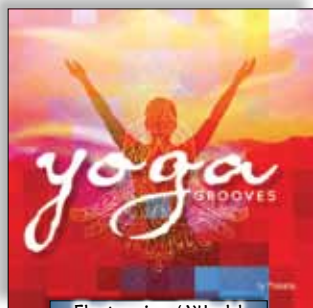
Pravana
One World Music
\$26.95
OWM042

Simon Lewis is a man of many talents.

As Amanaska he has produced Panorama and Circles – two upbeat, world fusion albums filled with hypnotic rhythms and lush grooves. And under his Pravana umbrella he has produced Yoga Dreaming, Yoga Mystique, Eastern Meditation and Yoga Meditation – four bestselling relaxation albums with a more tranquil ambience.

Yoga Grooves is a magical cross between Simon's two personas. It is a stellar collection of tracks taken from the previous four Pravana albums and then given the unique Amanaska remix treatment.

Perfect for use in yoga practices, fitness classes or just chilling out to some world grooves.



Electronica / World

• November Release



ALSO AVAILABLE • \$26.95 each

CD: Yoga Dreaming	LM001-1	\$26.95
CD: Yoga Meditation	EM004	\$26.95
CD: Yoga Mystique	LM002	\$26.95
CD: Eastern Meditation	LM003	\$26.95



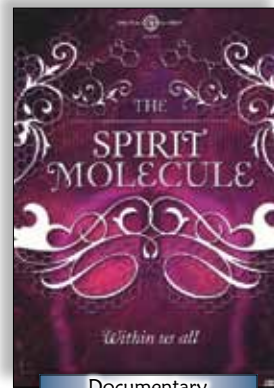
DVD: The Spirit Molecule

Mitch Schultz
Spectral Alchemy
\$26.95
884501441506
73 mins

The Spirit Molecule investigates dimethyltryptamine (DMT), an endogenous psychoactive compound, which exists in humans and numerous species of plants and animals.

The documentary traces Dr. Rick Strassman's government-sanctioned, human DMT research and its many trials, tribulations and inconceivable realizations.

A closer examination of DMT's effects through the lens of two traditionally opposed concepts – science and spirituality – *The Spirit Molecule* explores the connections between cutting-edge neuroscience, quantum physics and human spirituality. Strassman's research and the experiences of the human test subjects before, during and after the intense clinical trials, raises many intriguing questions. A variety of experts voice their unique thoughts and experiences with DMT within their respective fields. As Strassman's story unfolds, the contributors weigh in on his remarkable theories.



Documentary

• November Release



"The film deep dives into questions of human consciousness ... and when the film concluded, I was left with the feeling that there was much more to the human experience than I could ever imagine." – Online review (Amazon).

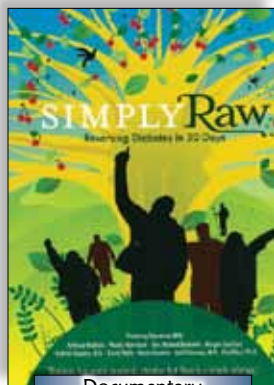
DVD: Simply Raw

Features interview with Anthony Robbins, Woody Harrelson & Michael Beckwith
Raw for Thirty
\$29.95
689076505970

Simply Raw: Reversing Diabetes in 30 Days is an independent documentary film that chronicles six Americans with diabetes who switch to a diet consisting entirely of vegan, organic, uncooked food in order to reverse the disease without pharmaceutical medication.

The six are challenged to give up meat, dairy, sugar, alcohol, nicotine, caffeine, soda, junk food, fast food, processed food, packaged food, and even cooked food for 30 days. The film follows each participant's remarkable journey and captures the medical, physical and emotional transformations brought on by this radical diet and lifestyle change. We witness moments of struggle, support, and hope as what is revealed, with startling clarity, is that diet can reverse disease and change lives.

The film captures the human drama and struggle of these courageous individuals making a quantum leap of faith from a traditional junk food diet to a raw vegan diet and it shows revealing moments of nurturing, compassion and human spirit. It is a film about a life changing journey on a simply raw diet and how nature is the original medicine.



Documentary

• November Release



"If you think TV's reality show *The Biggest Loser* is good inspiration for getting healthier and in shape, than this journey will really knock your socks off!" – Online review (Amazon).

CD: Kirtan Alive

Edo & Jo
Chai Tunes
\$24.95
CT001

Edo and Jo are renowned Australian Kirtan artists and singer-songwriters. They have been leading Kirtan and Nada Yoga Nidra: Sacred Sound Yoga at yoga schools, retreats, hospitals and orphanages in Australia, Asia and India.

In *Kirtan Alive*, ancient mantras are expressed in soothing and joyous melodies. Most of the songs were recorded live in Sydney with friends and musicians helping to capture the spirit of connection, spontaneity and ecstatic union that is the essence of Kirtan.

Chants carry the eternal breath and voice of the Divine, the force of Nature, connecting us with our true Self: a state of peace, freedom, bliss, unconditional love, wisdom and compassion. Edo and Jo feel deeply blessed to be exposed to these sacred songs of the soul and to share them with you.

An ancient and sacred language of the heart is spreading, uniting people of such seeming diversity, across the planet. This yogic language finds voice in Kirtan: a sacred expression of sound and word bringing inner transformation, divine connection and peace to our world.

• November Release



"There are many sounds to awaken the physical body but chanting, which is the breath of nature, is the sound designed specifically to open our hearts and awaken the Soul." – Narayani Amma.



Mantra / Chant