



Artist in focus – Spiritual Music



ONE OF EARTH'S ANGELS LIA SCALLON

“Although ‘The Sounds of Sirius’ may be described as music, I didn’t set out to become a singer or musician!”, says Lia. “Somehow, I’ve been gifted a way to tap into that river of creative soul energy, which expresses itself through me, in sacred song and sacred language. It’s a constant wonder to me and I feel blessed to be able to bring comfort, joy and even transformation to others. Because they touch people so deeply, I describe these ‘sounds’ as Soul Healing”.

One of eight children from an Irish, Catholic family, Lia was educated at boarding school, by nuns. “From a young age, I was interested in things spiritual, which created quite a deal of conflict for me” says Lia. “I always felt that I had some sort of mission to perform and I became terrified that meant I would have to become a nun!”

Instead of becoming a nun, Lia became an actress! She has shared the big screen with the likes of Cate Blanchett, Glenn Close, Frances Mc Dormand and Pauline Collins, and has toured Ireland, on stage, with Liam Neeson and Stephen Rea - Helen Mirren, Liam’s then girlfriend, travelling with them much of the time.

“From the first moment I stood on stage, at age ten, I was hooked!” says Lia. “Acting became my passion”.

Acting also gave Lia the means to come to Australia. “I love this country”, says Lia. “It was in Australia that I started to really grow up, to learn independent thought, to stand up for myself, to question the strict religious dogma I’d grown up with and to open up spiritually”.

Here too, Lia found the freedom to discover her gift of channelled song. “1990 began a period of intense soul searching for me”, she says. “I became ill and knew I had to go deep inside myself, for the answers. While still acting, I studied spiritual healing, reiki, kinesiology, crystal healing, flower and shell essences and the sacred melodies, now called ‘The Sounds of Sirius’, started to flow through me. Ten years later I opened a healing practice in Sydney, to share these healing sounds with others. Two years after that, I released my first CD”.



A New Double CD Set for Children and Adults

by Lia Scallon

“utterly superb...
Lia's finest work to date”
Fish Records



“Part music, part meditation, part fable and lullaby...
like health food for the soul...” **Insight magazine**

“My children went really still as they listened from a
very deep place within”. **Nova magazine**

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“I have found the mission I was waiting for as a little girl. When I ‘tune in’ and the beautiful harmonics spontaneously sing through me, I feel connected to an energy, so pure, compassionate and loving that my eyes often fill with tears, as my heart responds. That it moves others deeply too, is the greatest blessing imaginable. It gives me real joy and fulfilment”.

“Ancient civilizations knew much about healing with sound which we are beginning to rediscover. The right music can transform and change us. As harmonious vibrations awaken our emotional and spiritual being, our physical body too, can find health. The modern spiritual journey is a challenging one. Unlike spiritual adepts of old, we seek to find peace and balance amidst the chaos of everyday life. Music and healing sounds are a powerful tool to assist us on our journey”.

Lia has just released a new ‘Sounds of Sirius’ CD – her sixth title to date. ‘The First Little Angels on Earth’ is a double album for children and adults. “I see this new CD as one for all the family to share”, says Lia. It’s a little different from my other CDs. Along with the channelled melodies, I have written a little cosmic fable which I hope will bring a sense of joy and love to all who hear it”. 🌀

CDS are available at ABC shops All Music Stores or from Lia. www.soundsofsirius.com