

Experiencing the Sounds of Sirius

By Michelle McGrath

I have always enjoyed sound healing and the idea of hearing light language fascinated me. So when Lia Scallon came to Sydney, I jumped at the chance of having a healing session. Lia channels the Sounds of Sirius, Sirius being the brightest star in the night sky. She works in conjunction with the Council of Sirius, the Ascended Masters, the Archangelic Realm and the Divine Mother energy.

Lia's soft, Irish lilt made me feel calmer and as she anointed me with essential oils and gave me some Shell Essences, I could feel the tension dissolving. She laid crystals at various points on my body.

I was astounded by the clarity and range of her voice. At times I felt as though I was listening to a harmonic choir and then her low toning resonated like a crystal bowl that I could feel vibrating through me. It was not what I was expecting to hear from this ethereal Irish lady. I had to keep reminding myself that no, it was not a CD or someone playing the bowls.

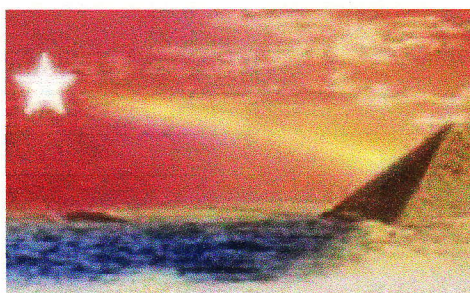
As she channelled the Divine Mother energy she would occasionally touch a certain body part, resting her hand in a very soothing way. She moved around the table and it was wonderful when she whispered the harmonic intonations into my ears. The purity of her voice and the interchange between toning,

speaking, singing and silence was beautiful and the experience will stay with me for a long time. I could feel stagnation disintegrating from around my hips and legs, dropping down into the earth. I received some beautiful guidance at the end of the session and timely validations. After having the best night's sleep I had experienced in weeks, I felt peaceful and serene.

Celebratory Meditation for the Goddess Energy

Two days later, on Monday 1st May, the Festival of Beltane in the Celtic Calendar, I again experienced the Sounds of Sirius in a celebratory meditation for the Goddess energy.

The group invoked the Goddess energy with the following beautiful prayer:



**Sounds of Sirius CDs
are available at EHA
Connection Groups or
www.soundsofsirius.com**

*Oh Great Goddess, Bless this night
Keep me safe and whole.*

*Oh Great Goddess, Bless my path
Help me to act on thy wisdom.*

*Oh Great Goddess, Bless my family
living on this Earth.*

*May this night be blessed with gifts,
lessons, understanding and friends.*

*May my energy be a gift to all I
meet.*

*Let me be centred, healing and
open.*

*May I face this night with courage,
kindness, insight and compassion.*

*May my spirit and body honour this
night.*

Lia then anointed us with Spikenard essential oil, used by Mary Magdalene to anoint Jesus. Each attendee had a personal experience and though we may not have understood a literal translation (although one lady said she did), we could certainly feel the meaning behind the words and sounds. Pure love and compassion cannot be mistaken in any language. A very moving experience which I hope to repeat in the future.

Sounds of Sirius... A gift to all

The Sounds of Sirius are a gift to all and our souls will recognise the messages. I will be certainly working with the CDs to re-experience the magical sound in my own space and with clients. So thank you very much to Lia for this exquisite gift from the Divine Mother for us all.