

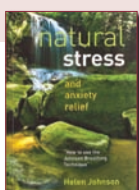
## INSIGHT GIVEAWAYS

**Angel Kids** by Jacky Newcomb | [www.hayhouse.com.au](http://www.hayhouse.com.au)*We have five copies to giveaway.*

This delightful book reveals the amazing encounters children have with their guardian angels and loved ones on the other side, as well as fascinating insights into the lives of psychic children and the parents who have to cope with this phenomenon. As you read, you will discover grandparents who have passed that regularly visit their grandkids, kids with extraordinary abilities including mind reading, the power to move objects with their thoughts alone and young children who remember a life before they were born. Thousands of children the world over are being born with enhanced sixth-sense abilities. Psychic kids are the new 'normal'!

**'Song of Love for the Animals' CD** by Lia Scallon | [www.soundsofsirius.com](http://www.soundsofsirius.com)*We have eight CDs to giveaway.*

Lia Scallon's incredible singing voice and healing music creates a beautiful experience that reaches and connects on many core levels. I assembled two children aged 2 and 7, a toy poodle, rottweiler and kitten on the back verandah and started our 'journey'. I say journey because from the very start, my consciousness would shift from CD sounds to that of the bird-life around, - all culminating in a sense of peace and connectedness to the planet and beyond. An hour later, as I write, all the animals are lying in the sun; one daughter has put herself to bed; the other daughter sits here beside me, in one of the calmest states I have seen her for a long time! LET THE HEALING BEGIN! *Song of Love for the Animals* is a truly unique and wonderful CD that will suit many different applications.

**Natural Stress & Anxiety Relief** by Helen Johnson | [www.johnsonstressrelief.com.au](http://www.johnsonstressrelief.com.au)*We have five copies to giveaway.*

Helen Johnson suffered from adrenaline addiction and all the symptoms of stress and anxiety that go with it for twenty-five years. Her book: *Natural Stress and Anxiety Relief*, tells of her journey back from the brink of suicide, despair and sickness to a life of happiness and health. Learn about a chemical, adrenaline, that is so powerful it can influence the nervous system and functioning of the whole body. Both the mind and the body are chemically altered, sometimes causing very serious disease states. Learn to breathe and find out how to do it correctly, the way you were born to!

**Radian Women** by Natural Woman Network | [www.radpads.com.au](http://www.radpads.com.au)*We have three copies to giveaway.*

Have you ever wondered what you can do to help yourself to a better experience of menstruation and/or menopause? If so, you are not alone. Wendy Dumaesq, an experienced Medical Herbalist and Natural Fertility Management Counsellor has written this empowering and enlightening book to assist women in commencing their healing journey and improve their experience of their reproductive years and beyond. *Radiant Women* covers common menstrual and menopausal complaints, how to record and observe your signs, symptoms, temperature and nourishment record. In addition, Wendy answers many common questions women ask her in clinical practice, tells other women's stories and encourages you to take charge of your own healing. A great start for women of all ages and stages.

To be in the draw to win one of these fantastic prizes, please send an envelope to:

**Insight Giveaways, PO Box 886, Hamilton 4007, or email [giveaways@insightpublishing.com.au](mailto:giveaways@insightpublishing.com.au).**

Mark clearly on the back of the envelope your choice of giveaway, name, address, email and daytime phone number.

**All entries close 1 August 2009**

**MAY PRIZE WINNERS** • Repetition: *Past Lives, Life Rebirth*: Roxanne G. - Moonta Bay, SA | B. Allport - North Star, NSW | M. Daele - Perth, WA | Robyn L. - Trinity Beach, QLD | Janine W. - South Penrith, NSW  
 • Purifying Clay Mask: Kim B. - Brightwaters, NSW | Anya M. - Hazelbrook, NSW | Marinela R. - Bridgeman Downs, QLD | Tracy M. - Kiama Downs, NSW | Paula H. - Wagga Wagga, NSW  
 • Renascent Qi Gong DVD: Lisa J. - Mt Duneed, VIC | D. Jaggard - Wulguru, QLD | S. Hopf - Maryborough, QLD | Amanda C. - Hatton Vale, QLD | Gill R. - Albany, WA  
 • Mermaid's Garden Gift Packs: Joy W. - Hughenden, QLD | Joanne M. - Charmhaven, NSW • May Subscription Prize - Chakra Lace: Helen B. - Deagon, QLD

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